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Serving Dallas - Fort Worth since 1997  
Woman Owned Business

# Corporate and Office Catering Menu

Summer 2016



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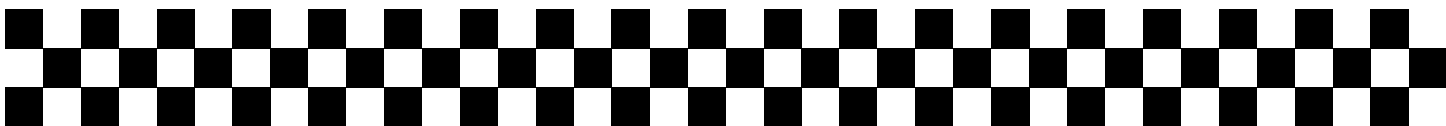
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Updated: August 1, 2016

Licensed and Insured



Prices do not include sales tax or service charges and are subject to change



## Continental Breakfasts

### Bakery Bonanza



Our best selection of mini muffins, Danish, iced cinnamon twists, party croissants, mini bagels and cream cheese and all butter coffee cake

Small serves 8-10 \$40  
Medium serves 12-15 \$50  
Large serves 18-20 \$65

### Breakfast By the Dozen

- |   |             |
|---|-------------|
| <b>All Butter Coffee Cake Slices</b>  | <b>\$25</b> |
| An assortment of lemon glazed, marble chocolate chip, orange poppy seed and cinnamon streusel |             |
| <b>Mini Bagels and Cream Cheese</b>   | <b>\$20</b> |
| Party size bagels with cream cheese serves about 6  |             |
| <b>Assorted Mini Muffins</b>  | <b>\$15</b> |
| Blueberry and banana nut mini muffins   |             |
| <b>Assorted Mini Danish</b>   | <b>\$25</b> |
| Assorted mini Danish pastry of maple pecan, vanilla, raspberry, cinnamon swirl and apple      |             |
| <b>Mini Iced Cinnamon Twists</b>  | <b>\$20</b> |
| An old fashioned cinnamon roll, twisted and drizzled with sweet white icing                   |             |
| <b>Cornbread Muffins</b>  | <b>\$2</b>  |

### Fresh Fruit Trays

The best selection of seasonal fresh fruits served with fruit dip

Small serves 20-30 \$45  
Medium serves 35-45 \$55  
Large serves 45-60 \$80

### Fresh Fruit Cup \$2

### Fresh Fruit Kabobs (by the dozen) \$24

Skewers of cantaloupe, pineapple and a fresh strawberry

### Yogurt

Regular \$2.50  
Yogurt and Granola \$4  
Greek \$3.50

### Coffee and Decaf Coffee

Coffee Service (with cups and lids) \$15  
Just Coffee \$10

### Juices

Orange, Apple or Cranberry  
Bottled Juices \$2.50  
Simply Orange Juice (serves 8-10) \$8

## Hot Breakfast Choices

### Breakfast for a Group Serves 10-12

Meals include FREE standard place settings

- |  |             |
|--|-------------|
| <b>Mom's Country Casserole</b>   | <b>\$40</b> |
| Eggs, cheese and sausage create this quiche like casserole                       |             |
| <b>Dad's Country Casserole</b>   | <b>\$40</b> |
| Eggs, cheese and ham, peppers, onions and cheese                                 |             |
| <b>Breakfast Frittata</b>  | <b>\$40</b> |
| A fluffy mixture of eggs, veggies, and cheese baked to a golden brown            |             |
| <b>Baked French Toast</b>  | <b>\$40</b> |
| Baked with a hint of cinnamon and sweet breakfast syrup                          |             |
| <b>Hot Oatmeal Bar</b>   | <b>\$30</b> |
| Piping hot oatmeal served with brown sugar, walnuts, raisins, and butter         |             |
| <b>Cranberry Almond Oatmeal Bar</b>  | <b>\$40</b> |
| Piping hot oatmeal served with dried cranberries, sliced Almonds and brown sugar |             |

### Individual Hot Breakfast Items

- |  |             |
|--|-------------|
| <b>Texas Break-feast</b>   | <b>\$10</b> |
| The ultimate breakfast feast with scrambled eggs, bacon, sausage, biscuits, country gravy and breakfast potatoes |             |
| <b>Breakfast Sandwiches</b>  |             |
| Egg, cheese and your choice of bacon, sausage or ham   |             |
| Biscuit Sandwich \$3.50  |             |
| Breakfast Taco \$3   |             |
| Jumbo Breakfast Burritos (includes potatoes) \$5.50  |             |
| <b>Kolaches (by the dozen)</b>   | <b>\$25</b> |
| Sausage and cheddar cheese surrounded by a biscuit wrapper   |             |

### Breakfast Extras

- |   |               |
|---|---------------|
| <b>Breakfast Potatoes</b>                                   | <b>\$1.50</b> |
| Seasoned diced potatoes sautéed with green pepper and onion |               |
| <b>Sausage Patty or Bacon 2 slices</b>                      | <b>\$2</b>    |

### \*Delivery Options

#### Drop Off

Food and beverages will be delivered in disposable serving pieces with FREE disposable serving utensils

#### Corporate Service

Includes stainless steel food warmers, canned heat and disposable pans, bowls, tray and serving pieces.

#### VIP Service

Includes stainless steel food warmers, canned heat, platters, bowls and other service items along with stainless steel serving pieces

#### On Demand Delivery

Delivery is available before and after our normal business hours for a small additional fee



## Corporate and Office Catering Sandwich Menu

Sandwich Descriptions on next page



### Buffet Sandwiches

Gluten Free Bread Available

Includes  
**ONE FREE Side Item**  
FREE standard place settings  
And FREE serving utensils

Sandwiches are 1/4 lb. or more  
We bake our bread daily

### Signature Sandwiches

Our most popular assortment featuring our specialty sandwiches

- Small 4 sandwiches (8 halves) \$35
- Medium 8 sandwiches (16 halves) \$70
- Large 12 sandwiches (24 halves) \$100

### Aspen Wrap Sandwiches

Our custom sandwiches made with flour tortillas

- Small 4 sandwiches (8 halves) \$35
- Medium 8 sandwiches (16 halves) \$70
- Large 12 sandwiches (24 halves) \$100

### Deli Sandwiches

Traditional deli meat, meat and cheese and chicken and tuna salad sandwiches

- Small 4 sandwiches (8 halves) \$30
- Medium 8 sandwiches (16 halves) \$60
- Large 12 sandwiches (24 halves) \$90

### Box Lunches

Sandwich boxes include  
**Individual Bags of Chips**  
**Chocolate Chip Cookie**  
**Fresh Fruit Cup**  
Utensils

and Sandwich Condiments



Packed in individually labeled clear boxes

#### Signature Sandwich Box Lunch \$11

Our most popular assortment featuring our special variety of sandwiches

#### Aspen Wrap Sandwich Box Lunch \$11

Our custom sandwiches made with flour tortillas instead of bread

#### Deli Sandwich Box Lunch \$10

Traditional deli meats, meat and cheese, tuna and chicken salad sandwiches

#### Showcase Salad Box Lunch \$12

Includes corn muffin and chocolate chip cookie

### Sandwich Side Items \$2

**Parmesan or Lemon Pepper Kettle Chips**

**Individual bags of Potato Chips**

Lays, Baked Lays, BBQ Kettle, Doritos,  
Sea Salt Kettle and Jalapeno Kettle chips

**Potato Salad, Fruit Salad or Pasta Salad**

### Dessert and Sweet Treats

- Bars for Stars** (by the dozen) \$35  
Fudge brownies, lemon squares and coconut chocolate bars
- Decadent Dessert Bars** (by the dozen) \$40  
Raspberry cheesecake, fudge brownies, sugar dusted lemon and raspberry shortbread sammies
- Baker's Pride** \$30  
One dozen gourmet cookies and mini brownies
- Gluten Free Brownie** \$3
- Cobblers** (serve 12-16)  
Peach \$25 Apple \$25 Pecan \$50
- Assorted Gourmet Cookies** (by the dozen) \$15  
Chocolate chip, sugar, cinnamon sugar
- Temptables** (by the dozen) \$15  
Soft buttery cookies stuffed with a sweet surprise inside.  
Chocolate Chunk Fudge, Apricot Pecan, Dulce De Leche and Cream Cheese and Jelly
- Fresh Fruit Kabobs** (by the dozen) \$24  
Skewers with cantaloupe, pineapple and a fresh strawberry

### Beverages

**By The Gallon** Serves 8-10

**Hot Beverages** Includes condiments

- Coffee Service** Just Coffee \$10 With cups and lids \$15
- Decaf Coffee Service** Just Coffee \$10 With cups and lids \$15

**Cold Beverages** Serves 10-16

- Iced Tea** Includes fresh lemon wedges and sweeteners \$10
- Sweet Iced Tea** Includes fresh lemon wedges and sweeteners \$12
- Orange, Cranberry or Apple Juice** \$17.50
- Lemonade** \$15

**By The Bottle or Can**

- Bottled Spring Water** \$1.50
- Canned Soft Drinks** Coke, Diet Coke, Sprite and Mr. Pibb \$1.50
- Bottled Juice** Orange, Cranberry or Apple \$2.50

**Ice and Cups**

- Ice Service with Foam Cups** (serves 10) \$10
- Ice Service with Plastic Tumblers** (serves 25) \$20
- Plastic Tumblers** (25/package) Ideal for Juice \$5

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Orders@AspenCatering.com

## About our Aspen Wraps Sandwiches

All served with lettuce greens

Sandwiches are 1/4 lb. or more

### Aspen Turkey

Roasted turkey, pepper jack cheese, green peppers, onions and honey mustard dressing

### Chicken Caesar

Grilled chicken breast strips, crisp romaine, parmesan cheese and Caesar dressing

### BBQ Chicken

Grilled chicken breast, bacon, onion, tomato & BBQ sauce

### Chipotle Beef

Shaved roast beef, tomato, onion and cheddar cheese with chipotle mayonnaise

### The Denver

Ham, cheddar cheese, green peppers, onion, tomato and egg with honey mustard dressing

### Black and Bleu

Roast beef, onion, tomato and bleu cheese dressing

### Veggie

Pepper jack and parmesan cheese, onions, green peppers and tomatoes with pico de gallo guacamole

### Greek Chicken

Grilled chicken, black olives, pepperoncinis and feta cheese crumbles with balsamic vinaigrette

### Pepperjack

Peppered turkey, pepper jack cheese, green pepper, onion, tomato and spicy mayonnaise

### Honey Chicken

Grilled chicken breast, tomato, egg, onion, with honey mustard dressing

### Chicken Fajita

Fajita chicken, cheddar cheese, onion, pepper, sour cream, tomato with pico de gallo guacamole

### Tuna, Chicken or Smoked Chicken Salad

Your salad choice of salad and tomato

## About our Aspen Signature Sandwiches

Gluten Free Bread Available

All served with lettuce, tomato

### Aspen

Lean roast beef, roasted turkey, cheddar cheese and onion

### Aspen's Grilled Chicken

Sliced grilled seasoned chicken breast

### Alpine

Oven roasted peppered turkey and Swiss cheese

### Bacon Jack Chicken

Grilled chicken, topped with bacon and pepperjack cheese

### Black Forest

Ham, provolone cheese, sun dried tomatoes, onion, and green peppers

### Colorado Club

Roasted turkey, ham, bacon, Swiss and cheddar cheeses

### Italian Hoagie

Ham, salami, provolone cheese, pepperoncinis and onions

### Santa Fe

Roast beef, pepper jack cheese, guacamole

### Smoked Chicken Salad

A smoky version of our homemade chicken salad

### Turkey Avocado

Roasted turkey, Swiss cheese and guacamole

### Vegg-out

Fresh veggies, guacamole, pepperjack and parmesan cheeses

### Sliced Meat and Cheese Trays

Served with your choice of side item



Sliced ham, turkey, roast beef, along with cheddar, Swiss and pepper jack cheeses.

Served with white and wheat breads

Small Makes 16 halves \$80  
Medium Makes 22 halves \$110  
Large Makes 30 halves \$150

Gluten Free Bread Available

Delivery Options on Page 1

Sandwiches are 1/4 lb. or more

## Hot Supreme Sandwiches for a Group Minimum order 8 per flavor

Gluten Free Bread Available

A buffet pan of your sandwich filling served with sandwich rolls and includes choice of side item for the group

### French Dip

Sliced roast beef, provolone cheese, au jus

\$8.50

### Chicken Cordon Bleu

Grilled chicken breast, thinly sliced ham and melted Swiss cheese

\$8.50

### Sliced BBQ Beef Brisket

Sliced beef brisket, BBQ sauce

\$9.50

### Philly Chicken Cheesesteak

Grilled chicken strips, onions, mushrooms and Provolone cheese

\$8.00

### Meatball

Meatballs, peppers, onions, marinara and Provolone cheese

\$7.50

### Roast Beef and Gravy

Sliced roast beef in rich brown gravy

\$9.50

### Philly Cheese Steak

Roast beef, onions, mushrooms and provolone cheese

\$9.50

### Turkey and Gravy

Slices of lean turkey in a light gravy

\$8.50

### Sausage and Peppers

Smoked Sausage, tossed with sautéed peppers and onions

\$8.00

### Roasted Veggie

Oven roasted veggies with Provolone cheese

\$6.50





## Corporate and Office Showcase Salads

Your choice of dressing: Ranch, Italian, Honey Mustard, Caesar, Balsamic Vinaigrette and Bleu Cheese

**Two ways to order:**

### Showcase Salad Box Lunch \$12

Includes corn bread muffin and chocolate chip cookie

### Showcase Salad Buffet \$9

Includes FREE standard place settings



#### Tossed Chicken Cobb

Grilled chicken breast, bacon bits, eggs, shredded cheddar cheese, black olives, broccoli and tomato

#### Tossed Salmon Cobb

Sliced grilled salmon, bacon bits, eggs, shredded cheddar cheese, black olives, broccoli and tomato

#### Chef

Ham, roasted turkey, cheddar and Swiss cheeses with egg and tomato

#### Chicken Caesar

Sliced grilled chicken breast, parmesan cheese, romaine lettuce, and garlic croutons

#### Grilled Salmon Caesar

Sliced grilled salmon, parmesan cheese, romaine lettuce, and garlic croutons

#### Greek Chicken

Grilled chicken, feta cheese, black olives, pepperoncinis, tomato and lettuce with Balsamic dressing

#### Club

Sliced ham, roasted turkey, cheddar and Swiss cheeses topped with bacon and tomato

#### Cranberry Chicken

Grilled chicken breast slices on romaine with dried cranberries, feta cheese crumbles and walnuts

#### Cranberry Turkey

Sliced turkey, almonds and dried cranberries with Balsamic vinaigrette

#### Honey Chicken

Grilled chicken breast, tomato, egg and onion with honey mustard dressing

#### Asian Citrus Salad

Grilled chicken breast, garden greens, mandarin orange sections and almonds with sesame ginger dressing

#### Tomato Starburst

Vine ripe tomato stuffed with your choice of: Tuna, Chicken or Smoked Chicken Salad

**Entree Garden** Boxed \$9 Entrée \$8

**Plain Caesar** Boxed \$9 Entrée \$8



## HOT LUNCH CASSEROLES (serves 8-10)

Includes 10 Dinner Rolls, your choice of **Dinner Salad or Side Caesar Salad** and Free standard place settings

<b>Shepherd's Pie</b>	<b>\$80</b>
Seasoned ground beef, peas, and carrots topped with creamy mashed potatoes	
<b>King Ranch Casserole</b>	<b>\$90</b>
Layers of spicy chicken, peppers, corn tortillas and a creamy tomato sauce, smothered in melted cheese	
<b>Turkey Tetrazzini</b>	<b>\$100</b>
Oven roasted turkey, tossed with spaghetti noodles and veggies baked in a creamy Parmesan garlic sauce	
<b>Pot Pie</b>	<b>Beef \$95 Chicken \$85</b>
Lean roast beef or white meat chicken baked with carrots, peas, potatoes and gravy baked in a flaky pie crust	
<b>Meat Lasagna</b>	<b>\$110</b>
Traditional lasagna noodles layered with ricotta cheese, rich tomato sauce, then topped with melted mozzarella cheese	
<b>Veggie Lasagna</b>	<b>\$110</b>
Spinach, carrots and peppers layered with lasagna noodles baked with a creamy cheese sauce, topped with golden breadcrumbs	
<b>Baked Ziti</b>	<b>\$90</b>
An Italian favorite of marinara meat sauce, ziti pasta and provolone and parmesan cheeses	
<b>Baked Veggie Ziti</b>	<b>\$90</b>
Oven roasted veggies, marinara sauce, ziti pasta and provolone and parmesan cheeses	



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**Delivery Options  
on Page 1**

## Corporate and Office Hot Meal Menu

Complete with Free standard place settings

### BEEF HOT MEALS

Includes 2 Hot Meal Side Items and Dinner Rolls

- New England Pot Roast** \$12  
Tender sliced slow roast beef served with rich brown gravy
- Texas BBQ Brisket** \$15  
Sliced smoked beef brisket with BBQ sauce
- BBQ Duo** \$14  
Smoked beef brisket and BBQ chicken breast
- BBQ Trio** \$16  
Add sausage to our BBQ Duo above for a three meat meal
- Mom's Meatloaf and Gravy** \$11  
All beef meatloaf served with rich brown gravy
- Meatball Stroganoff** \$10  
Beef meatballs served over pasta and smothered in a savory sour cream sauce
- Burger Bar** \$10  
1/3 lb. all beef burgers with all the fixings: Swiss and cheddar cheese, lettuce, sliced tomato, onion, pickles and condiments
- Smothered Beef Steak** \$10  
Seasoned chopped steak topped with mushrooms and onions and Swiss Cheese
- Roast Beef and Gravy** \$10  
Sliced roast beef with rich savory gravy

### MEXICAN MEALS

Includes 2 Hot Meal Side Items and Flour Tortillas

Add Chips and Salsa for just \$1 per person

**Gluten Free Corn Tortillas Available**

- Combo Fajita Bar** (2 per person) \$14  
Marinated strips of beef and chicken, peppers and onions, shredded cheddar cheese, sliced jalapenos and guacamole
- Combo Soft Taco Bar** (2 per person) \$11  
Spicy taco beef and chicken served with shredded cheese, diced tomatoes and shredded lettuce

### ASIAN STYLE HOT MEALS

Includes 2 Hot Meal Side Items and Dinner Rolls

- Teriyaki Beef** \$15      **Chicken** \$12  
With broccoli, shredded carrots and our sweet teriyaki sauce
- Chicken with Plum Sauce** \$10  
Marinated chicken breast with rich plum sauce
- Orange Chicken** \$10  
Chicken breast strips in a sweet and savory orange sauce

### CHICKEN/POULTRY HOT MEALS

Includes 2 Hot Meal Side Items and Dinner Rolls

- Parmesan Crusted Chicken** \$11  
Chicken breast baked with seasoned garlic parmesan bread crumbs
- BBQ Grilled Chicken** \$10  
Tender chicken breast smothered in zesty BBQ sauce
- Chicken with Pesto Cream Sauce** \$10  
Tender marinated grilled chicken with creamy pesto sauce
- Chicken Piccata** \$11  
Grilled chicken breast topped with a rich creamy lemon sauce accented with capers and fresh parsley
- Chicken Marsala** \$11  
Marinated chicken breast served with mushroom marsala sauce
- Rotisserie Style** \$10  
Seasoned skinless oven roasted chicken breast
- Rosemary Roasted Chicken** \$10  
Marinated chicken breast oven roasted with a hint of rosemary
- Garden Smothered Chicken** \$10  
Marinated zucchini and yellow squash with provolone cheese
- Cordon Bleu Smothered Chicken** \$11  
Shaved ham melted Swiss Cheese over baked chicken breast
- Chicken with Southern Cornbread Stuffing** \$11  
Roasted chicken breast on top of Southern cornbread stuffing  
*Served with your choice of vegetable*
- Mediterranean Smothered Chicken** \$11  
Sautéed spinach, sundried tomato and onion provolone cheese
- Citrus Herb Chicken** \$10  
Citrus and herb marinated grilled chicken breast
- Turkey and Gravy** \$10  
Sliced oven roasted turkey and gravy

### PASTA MEALS

Includes Dinner Salad or Side Caesar Salad and Dinner Rolls

- Pasta Extravaganza** \$14  
Beef meatballs and garlic chicken strips served with two pastas, marinara sauce and Alfredo sauce
- Spaghetti and Meatballs** \$10  
Charbroiled beef meatballs, marinara sauce and noodles
- Chicken Pasta Primavera** \$11  
Grilled chicken breast strips with pasta tossed with marinated zucchini, yellow squash, mushrooms, onions and tomatoes
- Pasta Primavera** \$10  
Pasta tossed with marinated seasonal vegetables

### Dinner Salad

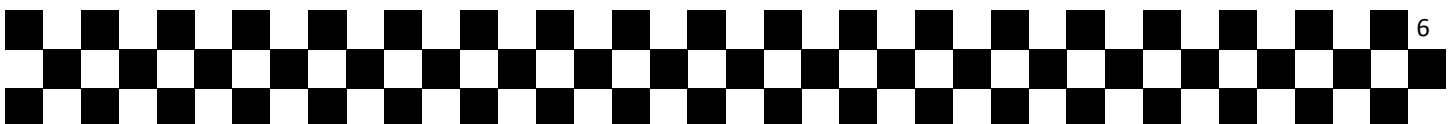
- Traditional Garden Dinner Salad
- Caesar Salad
- Tomato Basil Salad
- Potato Salad
- Fruit Salad

### Starch Side Items

- Country or Garlic Mashed Potatoes
- Pasta with Marinara Sauce
- Mexican Style Rice or White Rice Medley
- Seasoned, Parmesan, or Herb Roasted Potatoes
- Refried Beans or Baked Beans
- Parsley Buttered New Potatoes

### Vegetables Side Items

- Whole Green Beans
- Squash Medley
- Sweet Corn or Baby Carrots
- Black Bean and Corn Succotash
- Sautéed or Stir Fry Vegetables
- Oven Roasted or Sautéed Vegetables





## All Day Menu Meal Deals

Pick One Breakfast and One Lunch Option and we'll do the rest

Perfect for all day meetings—one call and you get it all!

Minimum order for 10 people please

### Fresh From the Deli All Day Meals

#### Continental Breakfast

##### Breakfast Bonanza

Our best selection of mini muffins, Danish, iced cinnamon twists, party croissants, mini bagels and cream cheese and all butter coffee cake slices

##### Fresh Fruit Kabobs

Skewers of cantaloupe, pineapple and fresh strawberries

### Lunch Fresh From the Deli

#### Your choice of Sandwich served Buffet Style:

Assorted Signature Sandwiches  
Or Aspen Wrap Sandwiches

#### Your choice of Two Side Items:

Pasta, Potato or Fruit Salad  
Parmesan Chips or Individual Bags of Chips

#### Assorted Gourmet Cookies

##### \*Afternoon Snack

Fruit and Nut or Cajun Trail Mix  
Mini Bars for Stars Dessert Bars

An assortment of fudge brownies, lemon squares and coconut chocolate bars

**\$21 per person**

### Need Beverages?

#### Hot Beverages Includes condiments

**Coffee Service** Just Coffee \$10 With cups and lids **\$15**  
**Decaf Coffee Service** Just Coffee \$10 With cups and lids **\$15**

#### Cold Beverages Serves 10-16

**Iced Tea** Includes fresh lemon wedges and sweeteners **\$10**  
**Sweet Iced Tea** Includes fresh lemon wedges and sweeteners **\$12**  
**Orange, Cranberry or Apple Juice** **\$17.50**  
**Lemonade** **\$15**

#### By The Bottle or Can

**Bottled Spring Water** **\$1.50**  
**Canned Soft Drinks** Coke, Diet Coke, Sprite and Mr. Pibb **\$1.50**  
**Bottled Juice** Orange, Cranberry or Apple **\$2.50**

#### Ice and Cups

**Ice Service with Foam Cups** (serves 10) **\$10**  
**Ice Service with Plastic Tumblers** (serves 25) **\$20**  
**Plastic Tumblers** (25/package) Ideal for Juice **\$5**

### Fresh From the Oven All Day Meals

#### Hot Breakfast

##### Breakfast Sandwiches

Or Your choice of one:

Moms Country Casserole  
Dad's Country Casserole  
Breakfast Frittata  
Baked French Toast

##### Fresh Fruit Kabobs

Skewers of cantaloupe, pineapple and fresh strawberries

**Delivery  
Options on  
Page 1**

### Lunch Hot From the Oven

#### Your choice of one Entree:

Roast Beef and Gravy  
Burger Bar  
Rotisserie Style Chicken  
Rosemary Chicken  
Garden Smothered Chicken  
Sliced Turkey and Gravy  
Chicken with Plum Sauce  
Spaghetti and Meatballs  
Baked Ziti  
Meat or Veggie Lasagna

#### Your choice of one:

Garden or Caesar Salad  
Or 1 Starch and 1 Vegetable Dinner Side Items

#### Assorted Gourmet Cookies

##### \*Afternoon Snack

Fruit and Nut or Cajun Trail Mix  
Mini Bars for Stars Dessert Bars  
An assortment of fudge brownies, lemon squares and coconut chocolate bars

**\$20 per person**

\*Snack is delivered with Lunch

#### Prices include

FREE Standard Foam Place Settings and Serving Utensils  
(Snacks will be delivered with your lunch)