

# **CORPORATE CATERING MENU**

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Proudly Serving Dallas/Ft. Worth Since 1997

Featured in The Dallas Business Journal

Top Caterer In Dallas-Fort Worth

September 24, 2021



# CONTINENTAL BREAKFAST

#### **Bakery Bonanza**

Our best selection of mini muffins, Danish, all butter coffee cake, iced cinnamon rolls, party croissants, mini bagels, and cream cheese.

Small [Serves 8-10] (\$40) Medium [Serves 12-15] (\$50) Large [Serves 18-20] (\$70)

# **Lemon Blueberry Coffee Cake**

Individual citrus cake with blueberry puree and cream cheese topped with lemon crumbles. (\$5 per person)

#### **Coffee Cake Slices**

Spiced zucchini cake with raisins, spices, and Maine blueberry oat yogurt cake. [6 slices each flavor] (\$50)

#### **Assorted Mini Muffins**

Blueberry and banana nut mini muffins. (\$15)

# Mini Bagels and Cream Cheese

Six cinnamon and six plain bagels served with whipped cream cheese and butter. (\$20)

(G) Gluten Free Blueberry Muffin (\$3.75)

## **BREAKFAST FRUIT**

#### (G) Fresh Fruit Trays

The best selection of seasonal fresh fruits served with fruit dip.

Small [Serves 20-30] (\$45) Medium [Serves 35-45] (\$55) Large [Serves 45-60] (\$80)

#### (G) Fresh Fruit Salad (\$3)

# (G) Fresh Fruit Kabobs

Skewers of cantaloupe, pineapple, and a fresh strawberry. [By the dozen] (\$24)

#### Yogurt and Granola

Vanilla yogurt, fresh berries, and crunchy granola. [Serves 8-10] (\$35)

#### (G) Fresh Whole Fruit

Bananas, oranges and apples (12 pieces) \$24

# BREAKFAST BEVERAGES

#### **Individual Bottled Juices**

Orange, Apple, or Cranberry. (\$3)

#### Party Juices [Serves 5-7]

Simply Orange® or Simply Lemonade® (\$8) Simply Cranberry® (\$10)

#### **Coffee/Decaf Coffee** with condiments [Serves 10-16]

Just coffee. (\$10)

Coffee with cups and lids. (\$15)

Coffee in a disposable container with cups and lids. (\$22.50)

# (G) Typically Gluten Free

(K) Typically Keto Friendly

# HOT BREAKFAST FOR A GROUP

Serves 10-12 and includes FREE standard place settings.

# **Mom's Country Casserole**

Eggs, cheese and sausage create this quiche like Casserole. (\$55)

#### **Dad's Country Casserole**

Eggs, cheese, ham, peppers, onions, and cheese. (\$50)

#### **Breakfast Denver Frittata**

Eggs, ham, green peppers, mushrooms, and a hint of onion. (\$45)

#### **Breakfast Sausage Frittata**

Eggs, sausage, and cheese baked to a golden brown. (\$55)

#### **Breakfast Veggie Frittata**

Eggs, veggies, and cheese baked to a golden brown (\$45)

#### **Baked French Toast**

Baked French Toast with a hint of cinnamon. Served with sweet maple breakfast syrup. (\$40)

#### (G) Hot Oatmeal Bar

Served with brown sugar, raisins, butter, and 2% milk. (\$30)

#### INDIVIDUAL HOT BREAKFAST ITEMS

Priced per person.

#### **Texas Break-feast**

The ultimate breakfast with scrambled eggs, bacon, sausage, biscuits, country gravy, and potatoes (\$11)

#### **Scrambles**

Eggs, breakfast potatoes, and cheese (\$5) or add your choice of bacon (\$6), sausage (\$6), or ham (\$6.50).

#### **Breakfast Biscuit Sandwiches**

Egg and cheese (\$3) or add your choice of bacon (\$3.50), sausage (\$3.50), or ham (\$4).

#### **Breakfast Tacos**

Egg and cheese (\$2) or add your choice of bacon (\$2.50), sausage (\$2.50), or ham (\$3).

#### Kolaches

Sausage and cheddar cheese surrounded by a biscuit wrapper. [By the dozen] (\$35)

## **BREAKFAST EXTRAS**

#### **Breakfast Potatoes**

Seasoned diced potatoes with sautéed green pepper and onion. (\$2)

(K) Sausage Patty or (G) (K) Bacon [2 slices] (\$2)



# Corporate and Office Catering Sandwich Menu

# SANDWICH TRAYS

Include: ONE FREE Side Item, FREE standard place settings, and serving utensils.

(G) Gluten Free Bread Available

# We bake our bread daily!

## (G) Signature Sandwiches

Our most popular assortment featuring our specialty sandwiches.

Small - 4 sandwiches [8 halves] (\$45) Medium - 8 sandwiches [16 halves] (\$85) Large - 12 sandwiches [24 halves] (\$120)

#### **Aspen Wrap Sandwiches**

Our custom sandwiches made with flour tortillas.

Small - 4 sandwiches [8 halves] (\$45) Medium - 8 sandwiches [16 halves] (\$85) Large - 12 sandwiches [24 halves] (\$120)

#### (G) Deli Sandwiches

Turkey, Ham, and Roast Beef. (Half with cheese.) Small - 4 sandwiches [8 halves] (\$35) Medium - 8 sandwiches [16 halves] (\$70) Large - 12 sandwiches [24 halves] (\$100)

# **About Our Wrap Sandwiches**

Wraps are 1/4 lb. or more and served with lettuce.

#### Aspen Turkey

Turkey, pepper jack cheese, green peppers, onions, and honey mustard dressing.

#### **Chicken Caesar**

Grilled chicken breast strips, Parmesan cheese, and Caesar dressing.

#### **Chipotle Beef**

Shaved roast beef, tomato, onion, cheddar cheese, and chipotle mayonnaise.

#### **The Denver**

Ham, cheddar cheese, green peppers, onion, tomato, hard cooked egg, and honey mustard dressing.

#### **Greek Chicken**

Grilled chicken, black olives, pepperoncinis, feta cheese crumbles, and balsamic vinaigrette.

#### **Honey Chicken**

Grilled chicken breast, tomato, hard cooked egg, onion, and honey mustard dressing.

#### Veggie

Pepper jack and Parmesan cheeses, onions, green peppers, tomatoes, and pico de gallo guacamole.

# **BOX LUNCHES**

Packed in individually labeled clear boxes.
Include: Individual Bags of Chips, Fresh Fruit Cup,
Chocolate Chip Cookies, Utensils, and Condiments.
(G) Gluten Free Bread Available

(G) Signature Sandwich Box Lunch (\$12)

**Aspen Wrap Sandwich Box Lunch** (\$12)

(G) Deli Sandwich Box Lunch (\$11)

**Showcase Salad Box Lunch** 

Also includes a dinner roll and butter. (\$12)

# **About our Signature Sandwiches**

Sandwiches are 1/4 lb. or more and served with lettuce and tomato on freshly baked wheat or white bread.

#### **Aspen**

Roast beef, roasted turkey, cheddar cheese, and onion.

# **Aspen's Grilled Chicken**

Sliced grilled seasoned chicken breast.

#### **Bacon Jack Chicken**

Grilled chicken, bacon, and pepper jack cheese.

#### Colorado Club

Roasted turkey, ham, bacon, and Swiss and cheddar cheeses.

#### **Italian Hoagie**

Ham, salami, provolone cheese, pepperoncinis, and onions.

#### **Turkey Avocado**

Roasted turkey, Swiss cheese, and guacamole.

#### Vegg-out

Veggies, guacamole, and pepper jack and Parmesan cheeses.

#### SANDWICH SIDE ITEMS

Parmesan Chips (\$2)

(G) Individual bags of Potato Chips (\$2) Lays, Baked Lays, or Sea Salt Kettle

Potato or Pasta Salad or (G) Fruit Cup \$2





# **Sliced Meat and Cheese Trays**

Served with your choice of one sandwich side item and white and wheat breads.

Sliced ham, turkey, and roast beef paired with cheddar, Swiss, and pepper jack cheeses.

Small - Makes 16 halves (\$85)

Medium - Makes 22 halves (\$115)

Large - Makes 30 halves (\$155)

(G) Gluten Free Bread Available (K) Meats and Cheeses

# **BEVERAGES**

#### FOR A GROUP

**Coffee/Decaf Coffee** with condiments [Serves 10-16]

Just coffee. (\$10)

Coffee with cups and lids. (\$15)

Coffee in a disposable container with cups and lids.

(\$22.50)

**Iced Tea** [Serves 6-8] (\$8)

Pure Leaf Tea® with lemon wedges and sweeteners. Pure Leaf Sweet Iced Tea® with fresh lemon wedges. Pure Leaf Raspberry Iced Tea®

Party Juices [Serves 5-7]

Simply Orange® (\$8) Simply Lemonade® (\$8) Simply Cranberry® (\$10)

#### **BOTTLED/CANNED**

**Bottled Spring Water** (\$1.50)

Canned Soft Drinks (\$1.50)

Coke, Diet Coke, Sprite or Mr. Pibb

Bottled Juice (\$3)

Orange, Cranberry, or Apple

Ice Service

With Foam Cups [Serves 10] (\$10)

Ice Service

With Plastic Tumblers [Serves 24] (\$20)

**Plastic Tumblers** 

Ideal for Juice [24/package] (\$5)

# **Delivery Options**

#### **Drop Off**

Food and beverages will be delivered in disposable serving pieces with FREE disposable serving utensils.

# **VIP Service**

Includes stainless steel food warmers, canned heat, platters, bowls, other service items, and stainless steel serving pieces. (Requires a round trip delivery.)

# On Demand Delivery

Delivery is available before and after our normal business hours for an additional fee.

# **DESSERT AND SWEET TREATS**

#### INDIVIDUAL DESSERTS

Priced per person.

#### Raspberry Swirl Cheesecake Bar

Creamy white chocolate cheesecake swirled with fresh raspberry puree on a chocolate crumb crust. (\$5)

#### **Fudge Nut Brownie**

Decadent fudge walnut brownies studded with dark chocolate chunks. (\$3.50)

#### **Coconut Chocolate Bar**

Coconut, walnuts, and lots of dark chocolate and butterscotch chips on top of a graham cracker crust. (\$4.50)

#### **Sugar Dusted Lemon Square**

Creamy lemon custard baked on top of a shortbread crust and dusted with powdered sugar. (\$4)

#### **Famous Amos Chocolate Chip Cookies**

Individual bag of chocolate chip cookies. (\$1)

(G) Gluten Free Brownie (\$4)

#### PARTY DESSERTS BY THE DOZEN

#### Mini Bars for Stars

An assortment of mini fudge brownies, lemon squares, and coconut chocolate bars. (\$35)

#### **Assorted Mini Cheesecakes**

Creamy, sweet cheesecake assortment of chocolate curl, macadamia nut, blueberry, cherry, hazelnut praline, and kiwi mandarin orange. (\$50)

#### **Assorted Gourmet Cookies**

Chocolate chip, sugar, and cinnamon sugar. (\$15)

#### (G) Fresh Fruit Kabobs

Skewers of cantaloupe and pineapple with a fresh strawberry. (\$30)

#### DESSERTS FOR A GROUP

Serves 12-16

#### Aspen's Signature Bread Pudding

Spiked with a delicious vanilla sauce. (\$45)

#### Cobblers

Peach (\$35), Pecan (\$60), or Cherry (\$45)

#### **Aspen's Cranberry Orange Bread Pudding**

Dried cranberries, orange zest and our sweet orange vanilla sauce \$50

# DON'T SEE WHAT YOU WANT?

Just let us know and we'll prepare that too...just for you



# SHOWCASE SALADS

# Showcase Salad Box Lunch

#### **Showcase Salad Buffet**

Includes dinner roll with butter and chocolate chip cookies. (\$12) Gluten Free Brownie: add \$4 Includes dinner roll and FREE standard place setting. (\$9) Gluten Free Bread: add \$4

Dressing choices: Ranch, (G) Creamy Caesar, Balsamic Vinaigrette, or (G) Honey Dijon

#### (G) (K) Tossed Chicken Cobb

Grilled chicken breast, bacon bits, hard cooked egg, shredded cheddar cheese, black olives, and tomato.

#### (G) (K) Tossed Salmon Cobb

Sliced salmon, bacon bits, hard cooked egg, shredded cheddar cheese, black olives, and tomato. (Box \$14, Buffet \$12)

#### (G) (K) Chef

Ham, roasted turkey, cheddar and Swiss cheeses, hard cooked egg, and tomato.

#### **Chicken Caesar**

Sliced grilled chicken breast, Parmesan cheese, romaine lettuce, and garlic croutons.

#### **Grilled Salmon Caesar**

Sliced grilled salmon, Parmesan cheese, romaine lettuce, and garlic croutons. (Box \$14, Buffet \$12)

#### (G) Greek Chicken

Grilled chicken, feta cheese, black olives, and pepperoncinis.

#### (K) Club

Sliced ham, roasted turkey, cheddar and Swiss cheeses, bacon, and tomato.

#### (G) Cranberry Feta Chicken

Grilled chicken breast slices, dried cranberries, feta cheese crumbles, and almonds.

# (G) (K) Cauliflower Bacon Salad

Fresh salad greens, cauliflower, green pepper, hard cooked egg, onion, bacon, and cheddar cheese. (Box \$13, Buffet \$11)

Entree Garden Salad (Box \$9, Buffet \$8)

Plain Caesar (Box \$9, Buffet \$8)

# **SNACKS & PARTY TRAYS**

#### (G) Fresh Fruit Trays

Seasonal fresh fruits served with fruit dip. Small [Serves 20-30] (\$45) Medium [Serves 35-45] (\$55) Large [Serves 45-60] (\$80)

#### (G) Fresh Fruit and Cheese Trays

Sliced seasonal fruits and Muenster, Gouda, and Havarti cheeses and assorted crackers.

Small [Serves 20-30] (\$65) Medium [Serves 35-45] (\$110) Large [Serves 50-60] (\$135)

#### (K) Vegetable Trays

Garden fresh vegetables accompanied by ranch dip.

Small [Serves 10-15] (\$30) Medium [Serves 25-35] (\$55) Large [Serves 35-40] (\$70)

#### PJ's Party Mix

Pretzels, cheddar cheese crackers, mini bagel chips, almonds, and rice crackers. [Serves 6-10] (\$15)

#### **Snack A Round**

A carousel of mini pretzels, petite brownies, coconut chocolate bites, PJ's party mix, and chocolate M&M's. [Serves 15-20] (\$45)

Mini Pretzels (\$6 per pound)

Famous Amos Chocolate Chip Cookies (\$1)

# HOT SUPREME SANDWICHES

Minimum order 8 per flavor, please.

Includes: One FREE side item for the group, FREE standard place settings, and FREE serving utensils.

#### French Dip

Sliced roast beef, provolone cheese, and au jus. (\$9)

#### **Chicken Cordon Bleu**

Grilled chicken breast, ham, and Swiss cheese. (\$9)

#### Sliced BBQ Beef Brisket

Sliced beef brisket with BBQ sauce. (\$11)

#### **Pulled Pork**

Shredded pork and BBQ sauce. (\$9)

#### Philly Chicken Cheesesteak

Grilled chicken, onions, mushrooms, and provolone cheese. (\$9)

#### **Philly Cheese Steak**

Roast beef, onions, mushrooms, and provolone cheese. (\$10)

#### **Roasted Veggie**

Oven roasted veggies with Provolone cheese. (\$7)



# **HOT MEALS**

Meals include a dinner roll and butter, your choice of a house garden, Caesar, or cranberry feta salad, standard place settings, and serving utensils.

Price per person

Hot meals have a minimum order for 8 please.

# **BEEF**

#### **Texas BBQ Brisket**

Beef brisket smothered in zesty BBQ sauce. (\$18)

#### BBQ Duc

Smoked beef brisket and BBQ chicken breast. (\$17)

#### **BBQ Trio**

Add sausage to our BBQ Duo above. (\$20)

#### **New England Pot Roast**

Tender roast beef cooked with new potatoes and baby carrots. Served with rich brown gravy. (\$17)

#### Mom's Meatloaf and Gravy

All beef meatloaf served with rich brown gravy. (\$10)

#### **Beef Steak Marsala**

Rich mushroom marsala sauce smothers a chopped beef steak. (\$17)

# **Meatball Stroganoff**

Beef meatballs served over pasta and smothered in a savory sour cream sauce. (\$12)

#### **Burger Bar**

1/3 lb. all beef burgers served with Swiss and cheddar cheese, lettuce, tomato, onion, pickles, and condiments. (\$12)

#### **Smothered Beef Steak**

Chopped steak topped with mushrooms, onions, and Swiss cheese. (\$12)

#### (K) Grilled Beef Kabobs

Seasoned sirloin beef skewers with peppers, onion, grape tomatoes, and mushrooms. [2 per person] (\$14)

# **MEXICAN**

Dinner roll is replaced with chips and salsa.

(G) \*Gluten free corn tortillas are available.

#### Combo Fajita Bar

Marinated beef and chicken, peppers, onions, shredded cheddar cheese, sliced jalapenos, sour cream and guacamole. [2 per person] (\$18)

## Veggie Fajita Bar

Fajita seasoned sautéed veggies, flour tortillas, and fajita condiments. [2 per person] (\$13)

#### **Combo Soft Taco Bar**

Spicy taco beef and chicken, flour tortillas, taco condiments, and guacamole. [2 per person] (\$16)

#### **Veggie Soft Taco Bar**

Marinated sautéed veggies, flour tortillas and taco condiments. [2 per person] (\$14)

#### Beef Fajitas

Fajita beef, sautéed onions and peppers, flour tortillas, and fajita condiments. [2 per person] (\$15)

# **Chicken Fajitas**

Fajita chicken, sautéed onions and peppers, flour tortillas, and fajita condiments. [2 per person] (\$13)

# **CHICKEN**

#### **Parmesan Crusted Chicken**

Chicken breast baked with seasoned garlic Parmesan bread crumbs. Served with marinara sauce. (\$13)

#### **Chicken with Pesto Cream Sauce**

Marinated chicken with creamy pesto sauce. (\$13)

#### Chicken Piccata

Grilled chicken breast topped with rich lemon butter sauce, capers, and fresh parsley. (\$13)

#### Chicken Marsala

Chicken breast with a mushroom marsala sauce. (\$13)

# (K) Grilled Chicken Kabobs

Chicken breast skewers with peppers, onion, grape tomatoes, and mushrooms. [2 per person] (\$12)

#### (K) Rotisserie Style

Seasoned skinless oven roasted chicken breast. (\$11)

#### (K) Rosemary Roasted Chicken

Rosemary roasted chicken breast. (\$11)

#### (K) Garden Smothered Chicken

Baked chicken breast topped with seasoned zucchini, yellow squash, and provolone cheese. (\$12)

#### (K) Cordon Bleu Smothered Chicken

Baked chicken breast topped with ham and Swiss. (\$15)

#### Chicken Pasta Primavera

Pasta tossed with vegetables and grilled chicken strips. (\$12)

# **Citrus Herb Chicken**

Citrus and herb marinated grilled chicken breast. (\$11)

# **SEAFOOD**

#### **Shrimp Piccata**

Grilled shrimp in a rich lemon butter sauce accented with capers and fresh parsley. (\$17)

#### **Honey Roasted Salmon Steak**

Honey and soy marinated salmon steak. (\$14)

#### Salmon Piccata

Grilled salmon steak in a rich lemon butter sauce accented with capers and fresh parsley. (\$17)

#### (K) Lemon Basil Salmon

Pan seared salmon steak with lemon basil butter. (\$17)

# Salmon Fajitas

Sliced salmon, sautéed onions and peppers, flour tortillas, and fajita condiments. (\$17)

# **Garlic Lemon Pepper Shrimp**

Grilled marinated shrimp garnished with pepper. (\$18)

# Need a Custom Quote?

Call or email us with the details and we'll get started right away!

Info@AspenCatering.com

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# **PASTA**

Dinners include a dinner roll with butter, your choice of a house garden, Caesar, or cranberry feta salad, standard place settings, and serving utensils. Priced per person.

#### Pasta Extravaganza

Two pastas, one with marinara and one with Alfredo sauce, beef meatballs, and garlic chicken breast strips.

#### **Spaghetti and Meatballs**

Charbroiled beef meatballs, marinara sauce, and noodles. (\$10)

#### Chicken Pasta Primavera

Grilled chicken breast strips with pasta tossed with marinated zucchini, yellow squash, mushrooms, onions, and tomatoes. (\$12)

#### Pasta Primavera

Pasta tossed with marinated seasonal vegetables. (\$10)

# HOT LUNCH CASSEROLES

Casseroles include a dinner roll with butter, your choice of a house garden, Caesar, or cranberry feta salad, standard place settings, and serving utensils. Serves 8-10

#### Meat Lasagna

Layers of ricotta cheese and rich tomato and meat sauce topped with melted mozzarella cheese. (\$100)

#### Veggie Lasagna

Spinach, carrots, and peppers layered with lasagna noodles, baked with a creamy cheese sauce, and topped with golden bread crumbs. (\$100)

#### Baked Ziti

Marinara meat sauce, ziti pasta, and provolone and Parmesan cheeses. (\$90)

#### **Baked Veggie Ziti**

Marinara sauce, ziti pasta, chef's choice of veggies, and provolone and Parmesan cheeses. (\$80)

#### Shepherd's Pie

Seasoned ground beef, peas, and carrots topped with creamy mashed potatoes. (\$85)

#### **King Ranch Casserole**

Spicy chicken, peppers, corn tortillas, and a creamy tomato sauce all smothered in melted cheese. (\$95)

#### Turkey Tetrazzini

Oven roasted turkey, spaghetti noodles, and veggies baked in a creamy Parmesan garlic sauce. (\$95)

# Chicken Tetrazzini

Diced grilled chicken breast, spaghetti noodles, and veggies baked in a creamy Parmesan garlic sauce. (\$80)

#### Ham Tetrazzini

Cubed ham, spaghetti noodles, and veggies baked in a creamy Parmesan garlic sauce. (\$95)

See our Breakfast Frittata menu for more casserole ideas!

#### **Starch Side Items**

**Country Mashed Potatoes** Garlic Mashed Potatoes

- (G) Parsley Buttered Potatoes
- (G) Parmesan Potatoes
- (G) Roasted Sweet Potatoes
- (G) Parmesan Potatoes
- (G) Herb Potatoes

Lemon Pasta

Pasta with Marinara Sauce

**Buttered Pasta** Mexican Style Rice White Rice Medley

**Refried Beans** 

**Baked Beans** 

Seasoned Black Beans Black Bean & Corn Succotash

- (G) Baked Potato (+\$2.95)
- (G) Baked Sweet Potato (+\$2.95)

# **Vegetable Side Items**

- (G) (K) Whole Green Beans
- (G) California Medley
- (G) (K) Squash Medley
- (G) (K) Oven Roasted Vegetables
- (G) (K) Roasted Cauliflower
- Parmesan Crusted Cauliflower
- (G) (K) Asparagus Green Bean Medlev
- (G) Seasoned Carrots (G) (K) Sautéed Vegetables
- (G) (K) Stir Fry Vegetables
- Sweet Corn

# **Dinner Salads** (\$3)

#### Garden

Salad greens served with Ranch and Balsamic dressings.

#### **Cranberry Feta**

Salad greens with almonds, feta cheese, and dried cranberries. Served with vinaigrette dressing.

#### Caesar

Crisp romaine lettuce, shredded Parmesan cheese, and garlic croutons.

#### **Mexican Slaw**

Shredded green and purple cabbage tossed with red pepper and a hint of onion and lime juice.

# Hosting a Special Event?

We can provide:

Professional Wait Staff | Bartenders

Party Rentals

Tables | Linens | Chairs | China | Flatware | Glassware

And More!



# **VEGETARIAN**

Meals include a dinner roll and butter, your choice of a house garden, Caesar, or cranberry feta salad, standard place settings, and serving utensils.

Priced per person.

#### **Parmesan Crusted Cauliflower Steak**

Fresh cauliflower steak coated with our signature Parmesan breading and baked to a golden brown. (\$11)

#### Pasta Primavera

Pasta tossed with marinated seasonal vegetables. (\$10)

#### (K) Roasted Cauliflower Steak

Oven roasted lightly seasoned cauliflower steak. (\$10)

#### Veggie Fajita Bar

Marinated sautéed veggies, flour tortillas, traditional fajita condiments \$14

#### **Veggie Soft Taco Bar**

Marinated sautéed veggies, flour tortillas (instead of dinner rolls), and fajita condiments. (\$13)

#### **Veggie Burger**

Veggie burger, Swiss and cheddar cheese, lettuce, sliced tomato, onion, pickles, and condiments. (\$12)

# **GROUP VEGETARIAN MEALS**

**SERVES 8-10** 

Meals include a dinner roll and butter, your choice of a house garden, Caesar, or cranberry feta salad, standard place settings, and serving utensils.

#### **Vegetable Lasagna**

Spinach, carrots, and peppers layered with lasagna noodles, baked with a creamy cheese sauce, and topped with golden bread crumbs. (\$100)

#### Vegetable Ziti

Marinara sauce, ziti pasta, chef's choice of veggies, and provolone and Parmesan cheeses. (\$80)

## **Pasta Primavera**

Pasta tossed with chef's choice of marinated seasonal vegetables. (\$80)

# KETO FRIENDLY MENU TIPS

Items marked with a (K) throughout the menu are typically Keto friendly. Keto diets are based on plenty of protein and high fat with low carbohydrates.

Entrées: Chicken, Beef, Seafood, Bacon, Salami

Bread: Substitute a hard cooked egg

Vegetables: Cauliflower, Broccoli, Zucchini, Green Beans, and

**Asparagus** 

**Condiments:** Butter, Olive Oil, Mayonnaise, Guacamole,

Cream Cheese, Bacon, Ranch Dressing

Fruits: Raspberries, Blackberries, Strawberries

<u>Snacks</u>: Hard cooked eggs, Cheeses, Salami, Ham, Olives, Guacamole, Pecans, Brazil nuts, Macadamia nuts, Walnuts

**Avoid:** Pastas, Potatoes, Starches

All hot meals have a minimum order for 8, please.

# **GLUTEN FREE MEALS**

Items marked with a **(G)** throughout the menu and meals listed here are typically gluten free.

Meals include two Hot Meal side items and

Gluten Free bread.

#### Priced per person. No minimum required

Note: We are not a gluten-free kitchen and cannot ensure that cross contamination won't occur.

#### (K) Cordon Bleu Smothered Chicken

Tender baked chicken breast topped with ham and melted Swiss cheese. (\$18)

#### (K) Garden Smothered Chicken

Seasoned zucchini, yellow squash, and provolone cheese top a grilled chicken breast. (\$15)

#### **Rotisserie Chicken**

Baked seasoned skinless chicken breast. (\$14)

#### (K) Texas Brisket - No Sauce

Sliced beef brisket with relish tray. (\$21)

#### **Burger Bar**

1/3 lb. all beef burgers served with Swiss and cheddar cheese, lettuce, tomato, onion, pickles, and condiments. (\$15)

#### **Combo Fajita Bar with Corn Tortillas**

Marinated beef and chicken, peppers, onions, shredded cheddar cheese, sliced jalapenos, and guacamole. [2 per person] (\$21)

#### **Veggie Fajita Bar with Corn Tortillas**

Marinated sautéed veggies and traditional fajita condiments. [2 per person] (\$14)

#### **Combo Soft Taco Bar with Corn Tortillas**

Spicy taco beef and chicken served with shredded cheese, diced tomatoes, and shredded lettuce. [2 per person](\$13)

#### **Veggie Soft Taco Bar with Corn Tortillas**

Marinated sautéed veggies and taco condiments. (\$13)

## (K) Roasted Cauliflower Steak

Oven roasted lightly seasoned cauliflower steak. (\$13)

#### **Lemon Basil Salmon**

Pan seared salmon steak with lemon basil butter. (\$20)

## OTHER GLUTEN FREE ITEMS

Chicken BLT Sandwich (Box \$18.75, Tray \$14.75)

Grilled chicken breast with bacon, tomato, and lettuce.

Chicken Cordon Bleu Sandwich (Box \$18.75, Tray \$14.75)

Chicken topped with shaved ham and Swiss cheese.

Gluten Free Brownie (\$4)

Gluten Free Muffin (\$3.75)