##  <br> The Catering Insider <br> AUGUST 2023 <br> Info@AspenCatering.com 972-401-4777

Back By Popular Demand ... just for August!


## Fried Chicken Salad

Golden fried chicken strips, tomato, egg, cheese \& onion on crisp garden greens

Order as box lunches or as part of a buffet

Bartending Service Full-service bartending now available!

We've got just the bar service you need and we bring the bar to you!

| OPEN BAR | SIGNATURE |
| :--- | :--- |
| BEER/WINE | DRINKS |
| ONLY | CASH BAR | Reserve your bar and bartenders now!



For More Menu Inspiration please visit www.AspenCatering.com

## Pro Tip of the Month

## Planning for Dietary Restrictions

It's challenging to plan group caterings for foods everyone can eat! Requests for dietary restrictions are becoming more and more common.

What do the terms mean?
Vegetarian
Vegan
Gluten Free
Keto
Dairy Free/Lactose Intolerant Plant Based
Organic
Food allergies
How do you accomodate those special menu needs?

Read all about this here:

## Fun Food Facts

All these foods are honored with their own holiday!

Sandwiches- all month
Watermelon, 8/3
Chocolate Chip Cookie, 8/4
S'mores, 8/10
Filet Mignon, 8/13
Sweet Tea, 8/21
Cuban Sandwich, 8/23
Peach Pie, 8/24
Trail Mix, 8/31
Pick one or pick them all and celebrate!

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