

The Catering Insider

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Serving the DFW Metroplex
for 26 years!

In this issue:

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- Lighter Fare Menu Items

[Our Menus](#)

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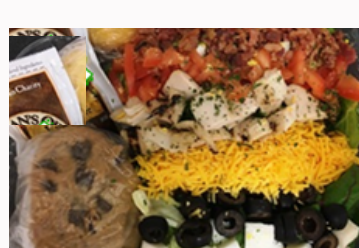
**Need to order in a hurry?
Order in just minutes with our new**

"Quick Picks" Menu!

Saves Time. Convenient. Easier.



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Independence Day Celebrations in the DFW Metroplex

[DFW Metroplex Events](#)

[Greater Dallas Area Events*](#)

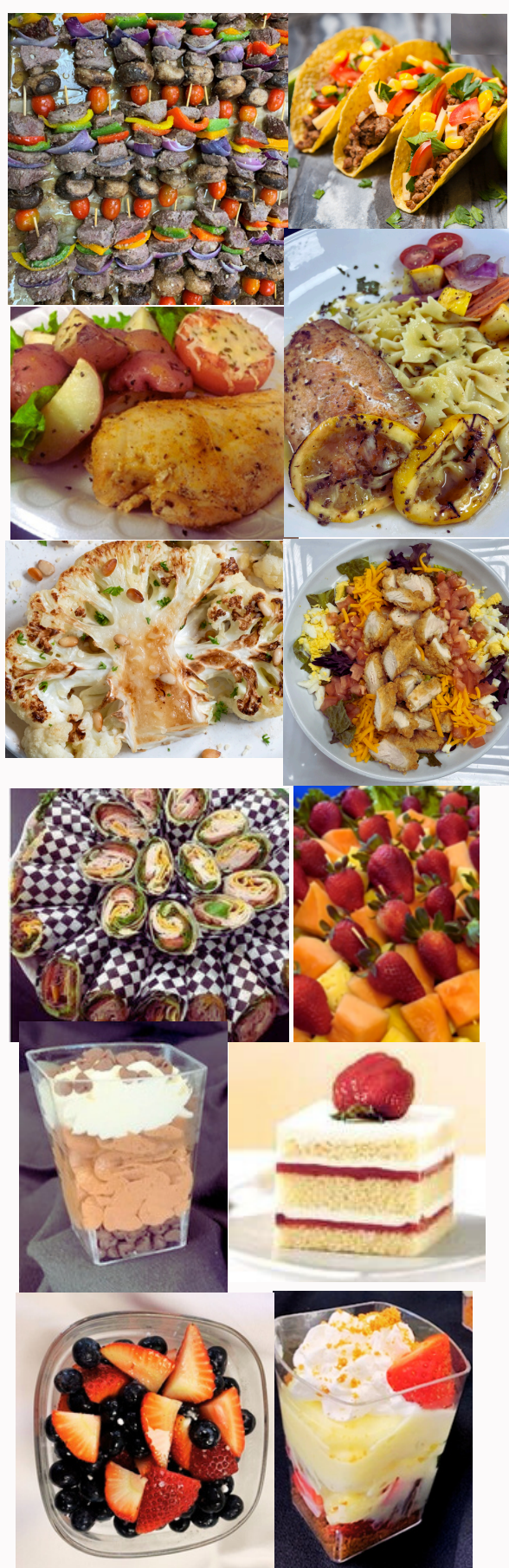
* Scroll on web page to select July date on calendar

Pro Tip Ordering for Summer Meetings

People tend to want to eat lighter fare in the summer! Some ideas for lighter menu items:

- Wrap Sandwiches
- Kabobs
- Salads
- Box Lunches
- Taco Bar
- Rotisserie Chicken
- Vegetarian Meals
- Vegetable Trays
- Fresh Fruit Trays
- Strawberry Shortcake

Try Our Most Popular Lighter Fare Items!



Grilled Kabobs Meals- Chicken, Beef, Shrimp and Veggie

Soft Taco Bars Meals- Veggie and Combo (beef and chicken)

Chicken Meals- Rotisserie Style, Rosemary Roasted, Baked Lemon and Herb, Citrus Herb, Chicken "Burger Bar" and more!

Seafood meals- Lemon Basil Salmon and Garlic Lemon Pepper Shrimp

Vegetarian meals- Oven Roasted Cauliflower Steak, Veggie Burger, Baked Potato and Salad Combo and Veggie Kabobs

Gourmet Sandwich Box Lunches- Complete meal with sandwich on freshly baked bread or flour tortilla

Aspen Wrap Sandwiches- Chicken Caesar, The Denver, Greek Chicken, Veggie and more!

Showcase Salad Box Lunch or Buffet- Complete meal with several choices of salads including Tossed Chicken Cobb, Tossed Salmon Cobb, Chicken Caesar, Grilled Salmon Caesar, Cranberry Feta Chicken and more!

Fresh Fruit- Kabobs, Fruit and Cheese Trays and Fruit Salad

Vegetable Trays with garden fresh vegetables

Desserts- Strawberry, Lemon or Chocolate Shortcake, Chocolate Mousse Cup, Cheesecake Delight Cup and Sugar Dusted Berries

For more information, [view our menu](#)

OR

Contact us at 972-401-4777 or Info@AspenCatering.com

Receive 7 issues annually with our event planning tips, featured items & services and other updates!

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