

# "QUICK PICKS" MENU

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www.AspenCatering.com

Request a Quote

Serving the DFW Metroplex for 26 years!

Pick from our most popular menu delights for Breakfasts, Lunches, Dinners and More! Save time! Use the codes in green to submit your items to receive a quote or to order

### **BREAKFASTS**

## -GROUP MEALS-CONTINENTAL BREAKFAST

BREADS FRUIT

#### **Bakery Bonanza**

An assortment of Danish, all butter croissants, banana yogurt and zucchini spice coffee cake, cinnamon bagels, and blueberry and banana nut muffins (Served with butter, whipped cream cheese, and jelly)

Small (BBZS) [Serves 8-10] (\$75) Medium (BBZM) [Serves 12-15] (\$110) Large (BBZL) [Serves 18-20] (\$140)

#### Assorted Mini Danish (AMD)

Assorted mini apple crown, raspberry crown, custard cream, and cinnamon swirl Danish (\$25)

(GF) Typically Gluten Free

## (GF) Fresh Fruit Trays

Fresh seasonal fruits served with fruit dip

Small (FFTS) [Serves 20-30] (\$50) Medium (FFTM) [Serves 35-45] (\$85) Large (FFTL) [Serves 45-60] (\$110)

#### (GF) Fresh Fruit Kabobs (FFK)

Cantaloupe, pineapple, and a fresh strawberry (\$30/dozen)

#### (GF) Fresh Whole Fruit (FWF)

Bananas, oranges, and apples [12 pieces] (\$20)

#### **Yogurt and Granola (YG)**

Vanilla yogurt, fresh berries, and crunchy granola [Serves 8-10] (\$35)

#### **HOT BREAKFAST MEALS**

Serves 10-12 and includes FREE standard place settings.

#### All-American Breakfast Tray (HBABT)

Scrambled eggs, bacon, sausage, breakfast potatoes, and maple waffles [Serves 8-10] (\$85)

#### **Kolaches (HBK)**

Sausage and cheddar cheese surrounded by a biscuit wrapper [By the dozen] (\$35)

<u>View our entire Menu</u>

#### **Frittatas**

#### Denver (HBDF)

Eggs, ham, green peppers, mushrooms and a hint of onion (\$50)

#### Sausage (HBSF)

Eggs, sausage and cheese baked to a golden brown (\$55)

#### Veggie (HBVF)

Eggs, veggies and cheese baked to a golden brown (\$45)

## ASPEN CATERING We're Catering Just For You!

## BREAKFASTS

### -INDIVIDUAL HOT MENU ITEMS-

Priced per person

#### **Texas Break-feast (IHMTBF)**

The ultimate breakfast with scrambled eggs, bacon, sausage, biscuits, country gravy and potatoes (\$12)

#### **Scrambles (IHMBS)**

Eggs, breakfast potatoes and cheese with your choice of bacon, sausage or ham (\$9)

#### **Breakfast Potatoes (IHBP)**

Seasoned diced potatoes with sautéed green pepper and onion (\$2)

#### **Biscuit Sandwiches**

Egg and cheese with your choice of bacon (IBSB), sausage (IBSS) or ham (IBSH) (\$6)

#### **Tacos**

Egg and cheese with your choice of bacon (ITB), sausage (ITS) or ham (ITH) (\$4)

#### **Burritos**

Scrambled eggs, breakfast potato and cheddar cheese in a flour tortilla with your choice of bacon (IBB) or sausage (IBS) (\$7)

#### -BEVERAGES-

#### Coffee/Decaf Coffee with condiments

[Serves 10-16]

Just coffee (C) (\$10)

Coffee with cups and lids (CL) (\$15)

Coffee in a disposable container

with cups and lids (CDL) (\$25)

#### Party Juices [Serves 5-7]

Simply Orange® (JSO), Simply Lemonade® (JSL), Ocean Spray Cranberry® (JC) (\$10)

#### **Individual Bottled Juices**

Orange (IJO), Apple (IJA) or Cranberry (IJC) (\$3)

## **LUNCHES**

### **BOX LUNCHES**

Packed in individually labeled clear boxes
Includes: Your choice of Sandwich or Wrap and
Individual Bags of Chips, Fresh Fruit Cup,
Chocolate Chip Cookies, Utensils and
Condiments

## (GF) Signature Sandwich Box Lunch (All at \$16)

We bake our bread daily! 1/4 lb. or more and served with lettuce and tomato

(GF) Gluten Free Bread Available

### Wrap Sandwich Box Lunch (All at \$16)

1/4 lb or more and served with lettuce

#### \*Sandwich Side Items

Potato Salad (SSP), Pasta Salad (SSPAS) or (GF) Fruit Cup (GFFC) (\$2)

#### **Showcase Salad Box Lunch**

Includes Your choice of Salad and dinner roll, butter and chocolate chip cookie. Start at (\$16)

### \*See descriptions on next page

### Signature Sandwiches

- Aspen (BLSA)
- Turkey Avocado (BLSTA)
- Colorado Club (BLSCC)
- Bacon Jack Chicken (BLSBJC)
- Italian Hoagie (BLSIT)
- Vegg-out (BLSV)

### **Wrap Sandwiches**

- Aspen Turkey (BLWAT)
- Chicken Caesar (BLWCC)
- Chipotle Beef (BLWCB)
- The Denver (BLWD)
- Veggie (BLWV)

#### **Showcase Salads**

- (GF) Tossed Chicken Cobb (STCC)
- (GF) Tossed Salmon Cobb (STSC)
- Chicken Caesar (SCC)
- (GF) Cranberry Feta Chicken (SCFC)



## **LUNCHES**

## About our Sandwiches and Salads... Also available buffet style!

### **Signature Sandwiches**

Served with lettuce and tomato on freshly baked wheat or white bread

#### Aspen (BLSA)

Roast beef, roasted turkey, cheddar cheese, and onion

#### **Turkey Avocado (BLSTA)**

Roasted turkey, Swiss cheese, and guacamole

#### Colorado Club (BLSCC)

Roasted turkey, ham, bacon, and Swiss and cheddar cheeses

#### Bacon Jack Chicken (BLSBJC)

Grilled chicken, bacon, and pepper jack cheese

#### Italian Hoagie (BLSIT)

Ham, salami, provolone cheese, pepperoncinis, and onions

#### Vegg-out (BLSV)

Veggies, guacamole, and pepper jack and Parmesan cheeses (\$12 Box, \$10 Tray)

## Showcase Salads

#### (GF) Tossed Cobb Salads

Grilled chicken breast or sliced salmon with bacon bits, hard cooked egg, shredded cheddar cheese, black olives and tomato

Chicken Cobb (STCC) (\$16) Salmon Cobb (STSC) (\$19)

#### **Chicken Caesar (SCC)**

Sliced grilled chicken breast, Parmesan cheese, romaine lettuce, and garlic croutons (\$16)

#### (GF) Cranberry Feta Chicken (SCFC)

Grilled chicken breast slices, dried cranberries, feta cheese crumbles, and almonds (\$16)

### **Wrap Sandwiches**

Served with lettuce in a flour tortilla

#### Aspen Turkey (BLWAT)

Turkey, pepper jack cheese, green peppers, onions, and honey mustard dressing

#### **Chicken Caesar (BLWCC)**

Grilled chicken breast strips, Parmesan cheese, and Caesar dressing

#### **Chipotle Beef (BLWCB)**

Shaved roast beef, tomato, onion, cheddar cheese, and chipotle mayonnaise

#### The Denver (BLWD)

Ham, cheddar cheese, green peppers, onion, tomato, hard cooked egg, and honey mustard dressing

#### Veggie (BLWV)

Pepper jack and Parmesan cheeses, onions, green peppers, tomatoes, and guacamole

## BEVERAGES BOTTELD/CANNED

**Bottled Spring Water (BSW)** (\$1.50)

Canned Soft Drinks (CSDK) (\$1.50)

Coke, Diet Coke, Sprite, or Dr Pepper

Bottled Juice (BTLJ) (\$3)

Orange, Cranberry, or Apple

Please see next page for Beverages for a Group

Place an order



## BEVERAGES FOR A GROUP

#### Coffee/Decaf Coffee with condiments

[Serves 10-16]

Just coffee (C) (\$10)

Coffee with cups and lids (CL) (\$15)

Coffee in a disposable container

with cups and lids (CDL) (\$25)

#### Iced Tea [Serves 6-8] (\$10)

Pure Leaf Tea® with lemon wedges and sweeteners (ITPL)

Pure Leaf Sweet Iced Tea® with fresh lemon wedges (ITSW)

#### Party Juices [Serves 5-7] (\$10)

Simply Orange® (JSO), Simply Lemonade® (JSL), Ocean Spray Cranberry® (JC)

#### **Ice Service**

With Foam Cups (ICEFC) [Serves 10] (\$10) With Plastic Tumblers (ICEPTU) [Serves 20] (\$20)

#### **Plastic Tumblers (PTU)**

Ideal for Juice [20/package] (\$8)

### **DELIVERY OPTIONS**

#### **Drop Off**

Food and beverages will be delivered in disposable serving pieces with FREE disposable serving utensils

#### **VIP Service**

Includes stainless steel food warmers, canned heat, platters, bowls, other service items, and stainless steel serving pieces (Requires a round trip delivery)

#### **On Demand Delivery**

Delivery is available before and after our normal business hours for an additional fee

## DESSERTS AND SWEET TREATS DESSERTS BY THE DOZEN

#### **Bars for Stars (DBFST)**

An assortment of fudge brownies, lemon squares, and coconut chocolate bars (\$50) Mini (\$35)

#### **Assorted Gourmet Cookies (DAGC)**

Chocolate chip, sugar, and cinnamon sugar (\$15)

#### (GF) Fresh Fruit Kabobs (FFK)

Skewers of cantaloupe and pineapple with a fresh strawberry (\$30dozen/)

#### INDIVIDUAL DESSERTS

Priced per person

#### **Citrus Burst Cake (IDCBC)**

Rich moist orange and lemon olive oil cake with citrus glaze garnished with fresh blueberries. (\$7.50)

#### **Dessert Bars**

Fudge Nut Brownie (DBB) (\$4)
Coconut Chocolate Bar (DBCC) (\$4.50)
Sugar Dusted Lemon Square (DBLS) (\$4)

#### **Shortcake**

Strawberry (IDSS) or Lemon (IDSL) (\$7) Mini (\$4)

(GF) Gluten Free Brownie (\$4) (IDGB)

#### **Chocolate Mousse Cup (CMP)**

Milk chocolate mousse on a bed of mini chocolate chips (\$6) Mini (\$4)

#### Tiramisu (IDT)

Classic Italian dessert of sponge cake, espressoflavored mascarpone mousse, and whipped cream. (\$6) Mini (\$3)



### LUNCH AND DINNER HOT MEALS

Meals include dinner roll, butter, choice of starch and vegetable, standard place settings and serving utensils.

Priced per person

#### **CHICKEN**

#### Chicken "Burger Bar" (HMCB)

Grilled chicken breast served with traditional hamburger condiments (\$18)

## Grilled Chicken Kabobs (HMCK)

Grilled chicken skewers with peppers, onions, grape tomatoes, and mushrooms [2 per person] (\$17)

## Rosemary Roasted Chicken (HMRC)

Rosemary roasted chicken breast (\$15)

## Parmesan Crusted Chicken (HMPCC)

Chicken breast baked with seasoned garlic Parmesan bread crumbs and served with marinara sauce (\$18)

## Baked Lemon and Herb Chicken (HMLHC)

Baked marinated chicken breast served in a light lemon herb sauce (\$15)

## Rotisserie Style Chicken (HMRC)

Seasoned skinless oven-roasted chicken breast (\$15)

## Chicken Pasta Primavera (HMCPP)

Grilled chicken strips tossed with pasta and oven roasted vegetables (Includes 1 side item) (\$15)

#### **BEEF**

#### **Burger Bar (HMBB)**

1/3 lb. all beef burgers served with Swiss and cheddar cheeses, lettuce, tomato, onion, pickles, and condiments (\$18)

#### **Grilled Beef Kabobs (HMBK)**

Seasoned sirloin beef skewers with peppers, onions, grape tomatoes, and mushrooms [2 per person] (\$27)

## New England Pot Roast (HMPR)

Tender roast beef cooked with new potatoes and baby carrots served with rich brown gravy (\$20)

#### **SEAFOOD**

#### **Lemon Basil Salmon (HMLS)**

Pan seared salmon steak with lemon basil butter (\$25)

#### **Shrimp Piccata (HMSHP)**

Grilled shrimp in a rich lemon butter sauce accented with capers and fresh parsley (\$26)

#### Salmon Piccata (HMSPA)

Grilled salmon steak in a rich lemon butter sauce accented with capers and fresh parsley (\$25)

Ask us about our most popular (GF) Gluten Free Meals!

<u>View our entire Menu</u>

#### **MEXICAN**

Dinner roll is replaced with chips and salsa

**(GF)** Gluten free corn tortillas are available

#### Combo Fajitas (HMCF)

Marinated beef and chicken, peppers, onions, shredded cheddar cheese, sliced jalapenos, sour cream, and guacamole [2 per person] (\$21)

#### Combo Soft Taco Bar (HMCST)

Spicy taco beef and chicken, flour tortillas, and taco condiments [2 per person] (\$20)

#### **SIDES**

#### **Starches**

Garlic Mashed Potatoes
(GF) Parsley Buttered
Potatoes
Lemon Pasta
Pasta with Marinara Sauce

Mexican Style Rice Refried Beans

(GF) Baked Potato (+\$2.95)

(GF) Baked Sweet Potato (+\$2.95)

### Vegetables

(GF) Whole Green Beans

(GF) California Medley

(GF) Oven Roasted Vegetables

**(GF)** Asparagus Green Bean Medley

(GF) Seasoned Carrots

(GF) Sautéed Vegetables

**Sweet Corn** 



## LUNCH AND DINNER HOT MEALS (continued)

Priced per person

#### **VEGETARIAN**

#### **Veggie Burger Bar (HMVBB)**

Veggie burgers with Swiss and cheddar cheeses, lettuce, sliced tomato, onion, pickles, and condiments. (\$16)

#### **Grilled Veggie Kabobs (HMGVK)**

Grilled seasoned vegetable kabobs with chef's choice of vegetables like mushrooms, green peppers, onions and cherry tomatoes glazed with plum sauce. (\$16)

## Oven Roasted Cauliflower Steak (HMORCS)

Oven roasted lightly seasoned cauliflower steak (\$14)

### **Veggie Soft Taco Bar (HMVSTB)**

Marinated sautéed veggies, flour tortillas (instead of dinner rolls), and taco condiments [2 per person. (\$17)

#### **PASTA**

Meals include dinner roll, butter, choice of a house garden, Caesar, or cranberry feta salad, standard place settings and serving utensils.

### Pasta Extravaganza (HMPE)

Two pastas, marinara and Alfredo sauce, beef meatballs, and garlic chicken breast strips (\$15)

#### Pasta Primavera (HMPPA)

Pasta tossed with marinated seasonal vegetables (\$12)

#### **DINNER SALADS**

(\$3)

\* Choice of one included in the Pasta and Vegetarian meals listed on our Menu

#### Garden (HMSGS)

Salad greens served with Ranch and Balsamic dressings

#### **Cranberry Feta (HMSCF)**

Salad greens with almonds, feta cheese, and dried cranberries served with vinaigrette dressing

#### Caesar (HMSC)

Crisp romaine lettuce, shredded Parmesan cheese, and garlic croutons

View our entire Menu

Request a Quote

Please feel free to contact us for assistance. We'd be glad to help!