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for 27 years!

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Woman-Owned

The Catering Insider

JULY / AUGUST 2025

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Lighten Up Your Summer with Aspen!

PRO TIP | Ordering for Summer Meetings and Events

People typically eat lighter fare in the summer! Here are some menu item ideas for your next gathering:

- **MEALS**- Kabobs, Chicken, Seafood, Vegetarian, Salads, Sandwiches/Wraps
- **APPETIZERS**- Sliders, Street Tacos, Chicken, Seafood, Vegetables, Mini Sandwiches
- **SNACKS**- Fresh Fruit Trays, Fruit Kabobs, Vegetable Trays
- **DESSERTS**- Berries, Watermelon, Fruit Salad, Shortcake, Mousse, Mini Cookies

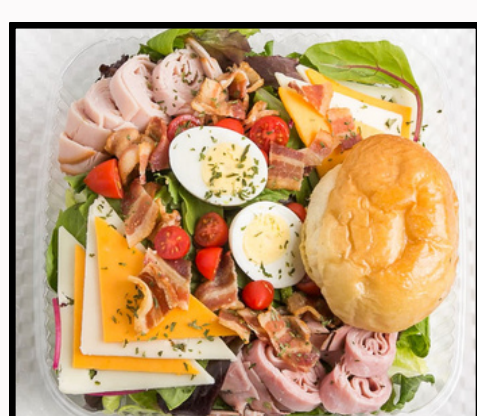
Check out some of our lighter menu items below!

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Make it Light with Our Popular Items!



**Showcase Club Salad
Box Lunch**



Street Tacos



Grilled Beef Kabobs



Charcuterie Board



**Chocolate Mousse Cup
Cheesecake Delight Cup**



Fresh Fruit Tray



**Cranberry Orange
Infused Water**

SANDWICHES / SALADS

Signature Sandwich Box Lunches- Grilled Chicken, The Aspen, Colorado Club, Vegg-out

Wrap Box Lunches- Chicken Caesar, Greek Chicken, Honey Chicken, Veggie

Sandwich Trays- Signature Sandwiches, Wrap Sandwiches, Deli Sandwiches

Showcase Salad Box Lunch or Buffet- Tossed Chicken Cobb, Club, Tossed Salmon Cobb, Chicken Caesar, Cranberry Feta Chicken

LIGHT HOT MEALS

Breakfast Frittatas- Sausage, Denver, Veggie

Grilled Kabobs- Chicken, Beef, Shrimp, Veggie

BBQ- BBQ Duo (Brisket and Chicken), Texas BBQ Brisket

Chicken- Rotisserie Style, Rosemary Roasted, Baked Lemon and Herb, Citrus Herb, Chicken "Burger Bar"

Seafood- Lemon Basil Salmon, Garlic Lemon Pepper Shrimp

Vegetarian- Oven Roasted Cauliflower Steak, Veggie Kabobs, Baked Potato and Salad Combo

APPETIZERS

Savory- Sliders, Street Tacos, Caprese Skewers, Boursin Cheese Pinwheels, Spanakopita, Charcuterie Boards, Grazing Table, Grazing Boxes

Fresh Vegetables/Fruits- Vegetable Cruditès Platter, Fruit and Cheese Tray

DESSERTS / SNACKS

Fresh Fruit- Kabobs, Fruit Salad, Fruit Trays, Watermelon, Sugar Dusted Berries

Sweets- Shortcake, Chocolate Mousse Cup, Cheesecake Delight Cup, Mini Bars

BEVERAGES

Infused Water- Citrus, Cranberry Orange, Cucumber Mint, Raspberry Lemon

For more details and additional options,
please see Our Menus page

[Our Menus Page](#)

Receive 7 issues of The Catering Insider annually with our event planning tips, featured menu items, services and other updates!

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