



The Catering Insider

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Serving the DFW Metroplex
for 28 years!

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PRO TIP Serve the Favorites of the Season!

Let's celebrate Spring and Summer for catered meetings and events with all the fresh produce the seasons offer! Spring brings asparagus, peas, carrots, new potatoes, spinach, strawberries, and pineapples while summer offers berries, grapes, watermelon, bananas, and apples.

Here are some suggestions:

BREAKFASTS

Fresh melon wedges – can accompany any hot or continental breakfast

Yogurt berry parfaits- include fresh strawberries and blueberries

Oven roasted new potatoes instead of breakfast potatoes or hashbrowns

Berry crostini

LUNCHES AND DINNERS

Hot meals- opt for asparagus, peas, or baby carrots and new potatoes as seasonal sides

Salads- instead of a traditional garden salad or Caesar salad, add a strawberry spinach salad or fresh fruit salad while these ingredients are in season

Desserts- Swap out brownies and cookies for fruit kabobs or assorted berries

It's also grilling season! Some of the more popular grilled items to serve are burgers, ribs, briskets, sliders, kabobs, steaks, chicken, and vegetables such as zucchini and sweet potatoes. Grilling is a healthier way of preparing food since it retains more nutrients because of the shorter cooking time.



Fruit Kabobs



Berry Crostini



Watermelon Feta Salad

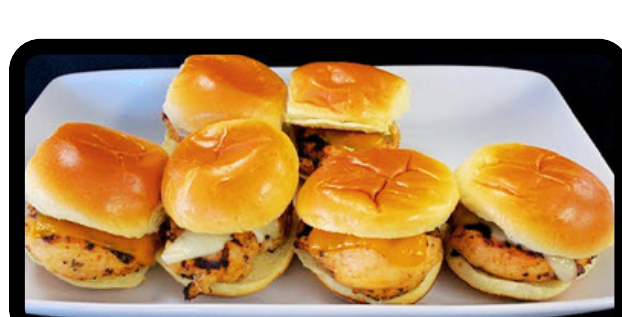
Our Sliders and Kabobs!

Perfect for Spring and Summer!



Beef Steak Sliders

Mini beef steak patties served with slider buns, Swiss and cheddar cheeses, ketchup, mayonnaise, and mustard.



Chicken Sliders

Grilled chicken breast medallions served with slider buns, Swiss and cheddar cheeses, ketchup, mayonnaise, and honey mustard. Breaded chicken breast also available.



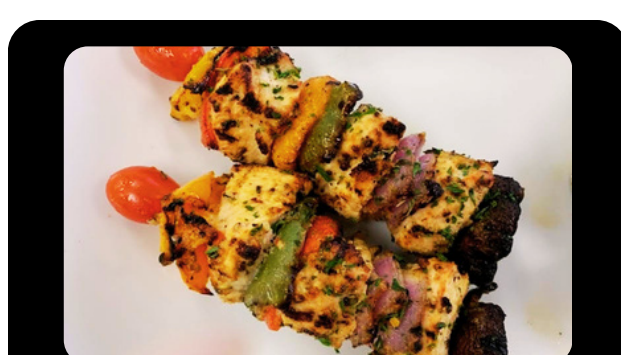
Caprese Sliders

Fresh mozzarella and tomato slices with a hint of pesto on French bread.



Grilled Beef Kabobs

Seasoned sirloin beef skewers with peppers, mushroom, onion, and grape tomato.



Grilled Chicken Kabobs

Grilled chicken skewers with peppers, onions, grape tomatoes, and mushrooms.



Grilled Veggie Kabobs

Grilled marinated vegetable skewers with peppers, onion, zucchini, squash, mushroom, and cherry tomato.

See more details on our Corporate Menu on Our Menus page!

Sliders: Page 4 | Kabobs: Pages 6 and 8

[Our Menus](#)

[Our Services](#)

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Celebrate Cinco de Mayo Day with Aspen!

(May 5th)

Fajitas, Taco Bars, Burrito Power Bowls, and More!

Check them out on our Corporate Menu (Page 6)!

Meet our **NEW** Mini Dessert Pies!



Apple Mini Pie

Diced apples, cinnamon and brown sugar baked in a traditional pie crust.

Cherry Mini Pie

Tart cherries tossed in a hint of sugar and baked in a traditional pie crust.

See more details on our New Menu Items on Our Menus page!

[Our Menus](#)

[Our Bar Services and Mocktails Menu](#)

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